She is Everywhere Stephanie Verlaan	Shatter the guns and melt
	the bullets
She is Everywhere and Everything	Break the cycle
She is Everywhere and	so your children may sleep soundly in her cradle
She is us and we are her	The same cradle she lovingly created for you
	A cradle you shared
She is our breath, our hunger, our existence, our justification	with your enemy
She is our creator, our cradle, our home, our safe	Disarm,
And yet,	she pleaded
we are her hurt.	Time is not kind, it will not wait
Why are we her hurt?	With every war,
	more cradles she cannot make
Disarm,	She warns,
she pleaded	you are my hurt.
Lay down your arms and relinquish your hate	
Embrace your enemy	Here, she rises
for you mistakenly believe	Enough, she breathed
their defeat be your victory	Brilliant and untamed
Disarm, she pleaded	Marvellous when scathed
Capacity for love is your commonality	Formidable
Love connects us [all],	Silence is her language
connects us	She rises
to her	Humble yourself, she implored
Disarm,	Her power
she pleaded	Thundered around the earth
War is humankind's greatest mistake, an abuse	Reverberating
of her tools	the tiniest
Tools designed not	of elements
to bring about the suffering	of every particle
of others but life	in every being, plant and rock
Disarm,	Her tentacles filled every crack
she pleaded	The tenades med every clack

Her gaze inescapable

We are her

She rises

You are mistaken, she whispered

My body has no owner

Entitled is no one

To nourishment, to shelter, to conquer

Yet humankind, yes you

Have stripped me

To the bone

Of the very fibres that enable my being

Our being

My naked body

Emaciated beyond repair

The shame of your entitlement

Burnt onto my skin

I am bared

She rises

Beware, she murmured

My tolerance has thinned

Your entitlement draws in my end

The cessation of my breath

Will be the destruction

Of the final cradle

Your cradle

You are my hurt

She rises

Peace, she exhaled.